



Basic House Rules

The following rules are established to provide a safe and comfortable environment for all residents. Failure of the resident to adhere to these rules will result in disciplinary action following the outlined procedure.

1. Residents will adhere to all federal, state and local laws.
2. Possession or use of the following is prohibited:
 - A. Alcohol
 - B. Drugs / medications not prescribed by a physician including over-the-counter products such as Tylenol, Contact, etc.
 - C. Firearms or any dangerous weapon.
3. Interference with any of the prescribed rights of another resident is prohibited.
4. Residents may leave the facility under the following guidelines:
 - A. In the presence of a Belden House staff member when, for their safety, such need has been established in the resident's Needs and Services Plan.
 - B. In the presence of an authorized family member, legal guardian, or friend.
 - C. Independently when deemed safe by the resident's Needs and Services Plan.
5. Residents wishing to engage in sexual activity within the boundaries of the Belden House must first meet with the Administrator, and legal guardian / conservator if applicable, to ensure that the following issues are addressed:
 - A. Voluntariness of the desired activity.

- B. Avoidance of harm.
- C. Avoidance of exploitation.
- D. Avoidance of abuse.
- E. Ability to stop interactive behavior when desired.
- F. Appropriateness of time and place.

Documentation of this meeting is mandatory, and will be maintained in the residents file.

- 6. Family members, significant others and/or children are not permitted at the facility past 10:00 p.m. unless advance arrangements are discussed with, and agreed upon, by the Residential Care Director.
- 7. We do not establish a curfew / bedtime for residents. However, if a resident does not demonstrate good judgment in determining the appropriate time to go to sleep, as evident by their difficulty waking up and beginning their day, an individual curfew / bedtime may be required and implemented.
- 8. Smoking is permitted in designated outdoor areas only.
- 9. Electrical articles must be checked for safety and approved by the Administrator prior to their use in the House. Use of televisions, radios, CDs, etc., will be limited to use, which takes into consideration the rights of the other residents.
- 10. No medication, dietary supplements, special foods / beverages may be brought into the facility without the knowledge and approval of the Residential Care Director. No food or drinks in bedroom, except water. A personal storage bin in the locked pantry is provided for each resident.
- 11. Residents must agree to comply with the Needs & Service Plan developed with them, and for them, as specified in Title 22.
- 12. If applicable, residents must agree to comply with the Restricted Health condition Care Plan developed with them, and for them, as specified in Title 22.